

## Karakia to open: Tūtawa mai

Tūtawa mai i runga,  
Tūtawa mai i raro,  
Tūtawa mai i waho,  
Tūtawa mai i roto,  
Kia tau ai te mauri tū,  
te mauri ora ki te katoa.  
Hāumi e, hui e, taiki e!

I summon from above, below,  
within, from the outside  
environment, to calm and  
settle the vital inner essence,  
the well-being of everyone,  
Be joined, together, united!

## Karakia to close: Unuhia

Unuhia, unuhia.  
Unuhia ki te uru tapu nui,  
Kia wātea, kia māmā  
e ngākau, te tīnana,  
te wairua, ki te ara tangata.  
Kōia rā e Rongo,  
whakairihia ake ki runga.  
Kia tina! Tina! Hui e! Taiki e!

Draw on, draw on. Draw on  
the supreme sacredness,  
this is Rongo, the god of  
peace, fully immersed.  
Draw together!  
Together! Draw together!  
Together!