

HE MIHI O NGĀTI TAUIWI ME NGĀTI PĀKEHĀ #1

Ko _____ tōku ingoa

My name is _____

Ko _____ te maunga te rū nei taku ngākau

_____ is the mountain that speaks to my heart

Ko _____ te awa e mahea nei aku māharahara

_____ is the river that alleviates my worries

E mihi ana ki ngā tohu o nehe, o _____ e noho nei au

I recognise the ancestral and spiritual landmarks of _____ where I live

(Retrieved from <https://www.nzherald.co.nz/kahu/can-pakeha-pepeha-thousands-learning-te-reo-but-concerns-over-recolonising-the-language/GEYL5R33L6IC6DWEVJA6VJFO3E/>)

OR

Ko _____ tōku ingoa

My name is _____

Nō _____ ōku tīpuna

My ancestors are from _____

Kei te noho au ki _____

I live in _____

(Retrieved from https://www.reomaori.co.nz/learn_your_mihi)

HE MIHI O NGĀTI TAUIWI ME NGĀTI PĀKEHĀ #2

Ko _____ tōku ingoa

My name is _____

I tipu ake au ki _____

I grew up in _____

Ko _____ te maunga te rū nei taku ngākau

_____ *is the mountain that speaks to my heart*

Ko _____ te awa e mahea nei aku māharahara

_____ *is the river that alleviates my worries*

Ko tēnei taku mihi ki ngā tangata whenua o te rohe nei

I acknowledge the indigenous people of this area

Nō _____ ōku tīpuna

My ancestors are from _____

I tae mai ōku tīpuna ki Aotearoa i te tau

My ancestors arrived in NZ in the year _____

Ko _____ rāua ko _____ ōku kaumatua

_____ *and _____ are my grandparents*

Ko _____ rāua ko _____ ōku mātua

_____ *and _____ are my parents*

Ko _____ tōku hoa tāne/hoa wahine

_____ *is my male partner/female partner*

Ko _____ rāua ko _____ ōku tamariki

_____ *and _____ are my children*

Kei te noho au ki _____

I live in _____

E mihi ana ki ngā tohu o nehe, o _____ e noho nei au

I recognise the ancestral and spiritual landmarks of _____ where I live

Nō reira, tēnā koutou katoa

Thus, my acknowledgement to you all.