

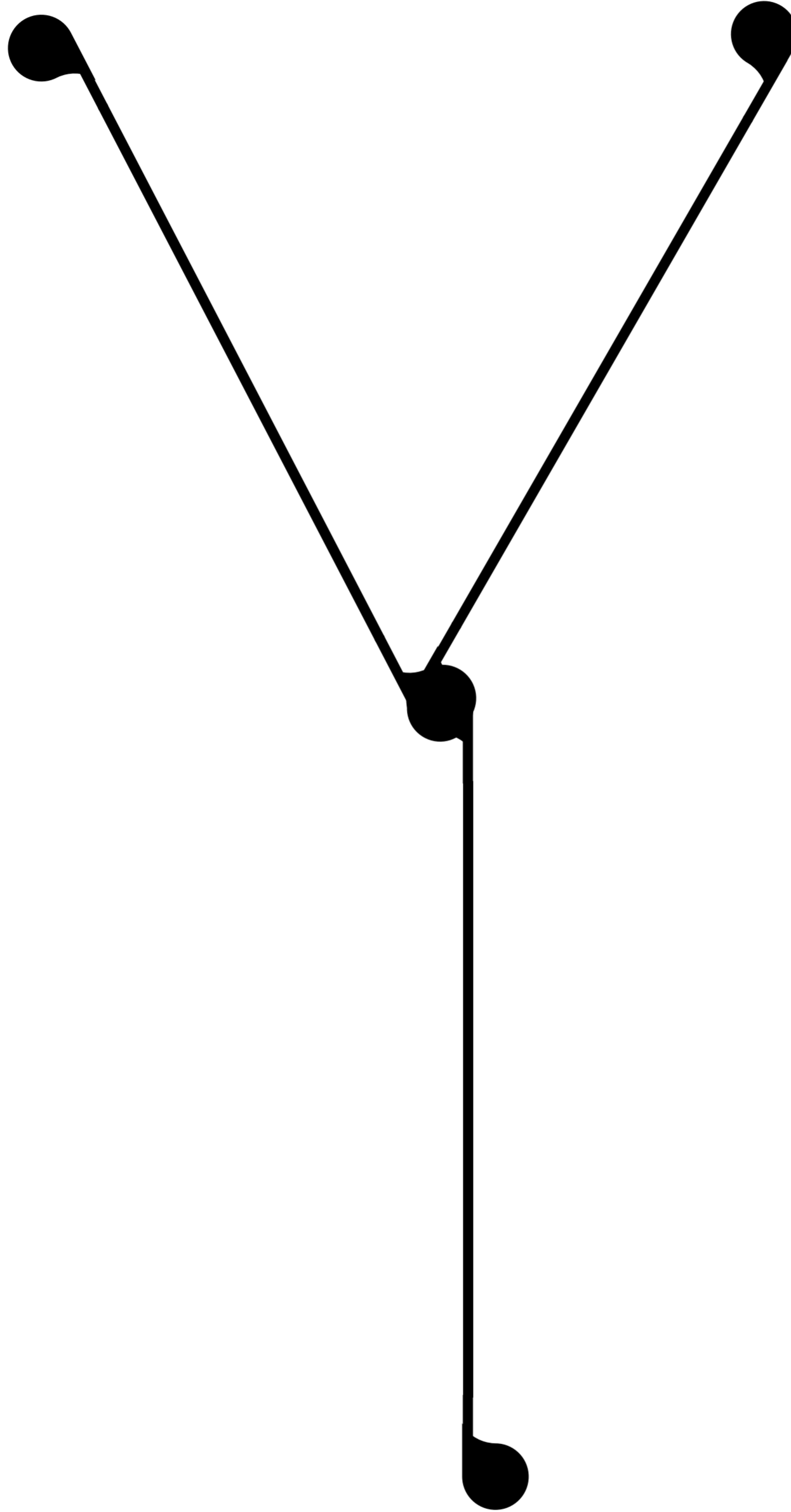
# The "Y" of caring

What does caring look like, feel like and sound like for YOU?

**manaakitanga**

caring sounds like?

caring looks like?



caring feels like?

Can you come up with at least 3 different ways that caring feels, looks and sounds like for you?

Note them down on each line of the "Y".